

Alpha Lipoic Acid

It is considered one of the most powerful anti-aging substances and antioxidants. It has a unique ability to impact nearly every cell in the body and to be easily absorbed into the cells and tissues. Its faster absorption can be quickly utilized in a broad-range of functions within the body. As a cell protector, it may revitalize and enhance other antioxidants. It is estimated to have 400 times the combined antioxidant strength and potency of Vitamins C and E. As an anti-inflammatory, it is considered an immune enhancer. It is also a Vitamin B “booster” because it plays a key role in helping the B vitamins convert carbohydrates, protein, and fats derived from foods into an immediate energy source and back-up energy for use as needed.