



QUARTZ CRYSTAL *MINERAL RICH WATER*

The water in Ionix Supreme is rich in silica, calcium, magnesium, and other vital minerals needed by our body for optimum health.

World-Renowned Quartz Crystal Water Source

Ionix Supreme water is sourced from the Arkansas' Ouachita Mountains, an area known for the healing properties found in its water. The water source flows in and around the Old Coleman Mine, where the pure crystals at the mine are the world-standard for all quartz. This gives the water a uniquely beneficial mineral content.

Benefits of Quartz Crystal Mineral Rich Water

Water naturally enriched with minerals such as silica, calcium, magnesium and trace minerals enables the body to function properly and absorb vitamins and other nutrients more effectively.

- ◆ **Silica** enables the body to manufacture its own calcium and assists in the formation of collagen in bone, cartilage and connective tissue making it highly beneficial for healthy hair, skin and nails
- ◆ **Calcium** is essential for building strong bones and teeth, regulating the heart rhythm and the fluid balance within cells
- ◆ **Magnesium** plays a variety of important roles in the body including producing energy and ensuring proper nerve function. Like Calcium, it is involved in the formation of strong bones and teeth, and the regulation of the heart rhythm.
- ◆ **Trace Minerals**, in very small quantities, are needed to ensure the proper functioning of the body. Without them, a variety of health issues arise.

Mineral Deficiency

Today's soils are not as nutrient-rich as they used to be. Aggressive modern farming techniques and synthesized fertilizers which support plant-life but are void of numerous minerals essential to human-life have resulted in a widespread mineral deficiency in our food intake. **Ionix Supreme helps to replenish those vital minerals promoting better health and well-being.**